

## Guiding Partners

Our caring, approachable staff works with individuals, families, and medical professionals to determine what kind of help they need—to make sure that they find it. We have been servicing our community for over 20 years. For referral consultation, please contact:



**Charles Montante, MS, CASAC**  
Vice President of Clinical Services

**Jacquelyn Branche, MSW, CASAC**  
Coordinator of Adult and Dual Diagnosis Services

**Colleen Berg, CSW, CASAC**  
Coordinator of Adolescent and Family Services

**Gary Horwitz, MD**  
Medical Director

**Westfall Associates**  
Program Certification: New York State Office of  
Alcoholism and Substance Abuse Services

## The Path To Us

Westfall Associates is conveniently located on the southeast corner of Westfall Road and South Clinton Avenue in the town of Brighton.

Open 8:30 AM–7:00 PM,  
Monday–Thursday  
Friday, 8:30 AM–4:30 PM  
or by appointment

24 hour emergency service is  
available to all of our patients.



919 Westfall Road,  
Building B, Suite 60  
Rochester, New York 14618  
(585) 473-1500  
(585) 473-1205 (fax)



**GUIDES**  
ALONG THE PATHWAY  
TO **CHANGE**



**Outpatient Chemical Dependency Services**

## Finding the right path...

When someone misuses alcohol or drugs, it can affect every aspect of life: work, school, and especially home. It makes psychiatric and medical illnesses worse, impairs mental abilities, and profoundly affects entire families.

Ignoring the problem will only make it worse. Whether it's an employee, co-worker, friend, family member, or even yourself who's in this situation, it's crucial to seek help as soon as possible.

The team at Westfall Associates offers effective, individualized, and confidential treatment. We have access to the latest advancements in chemical dependency and psychiatric strategies to help individuals, and their family, progress smoothly through each stage of recovery.



*guides along the pathway to change*

## The First Steps

### Evaluations

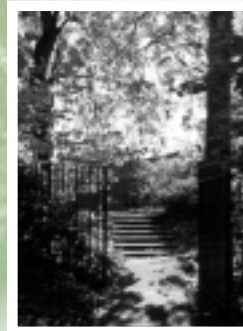
These are scheduled quickly, and 24-hour emergency consultation is available. We offer evaluations for:

- Alcohol or other drug, abuse or dependency, for adults and adolescents
- Dual diagnosis for mental health & chemical dependency
- Family assessment

### Treatment Options

After the initial evaluation, we may recommend:

- Individual therapy
- Group therapy
- Referral for inpatient treatment, and return to Westfall for outpatient aftercare
- Couples and family therapy
- Psychiatric evaluations for co-existing mental health conditions
- Medication consultation such as buprenorphine, naltrexone, antabuse



## Treatment Paths

### Adult Services

- Individual counseling
- Intensive outpatient groups
- Early recovery groups
- Adult chemical abuse groups

### Adolescent Services

- Intensive outpatient groups
- Early recovery groups
- Adolescent chemical use intervention group

### Dual Diagnosis Services

- Dual-focused outpatient groups
- Psychiatric evaluations
- Medication management
- Individual psychotherapy

### Comprehensive Family Services

- Family education and treatment
- Groups for adult, dual diagnosis, & adolescent tracks
- Family assessment and treatment for individual families
- Intervention services

### Advanced Recovery

- Advanced relapse prevention & intervention group
- Women's issues group
- Men's issues group

### Sobriety Maintenance Program

- Individual and group